

## ABSTRACT

**Project Title:** Graduate Psychology Education Program: Integrated Behavioral Health and OUD/SUD Training on the U.S. - Mexico Border

**Program Type:** Doctoral Psychology Program

**Project overview:** The overall goal of the project is to increase the number of doctoral trainees in counseling psychology (CP) who have been trained in interprofessional education with MA students in mental health counseling (MHC), nursing (DNP), social work (MSW), pharmacy (PharmD) and family medicine (FM) trainees, in order to provide culturally and linguistically competent, integrated, trauma-informed, interdisciplinary team-based care in the delivery of behavioral health and OUD/SUD prevention and treatment services in a medically underserved community. Each year there will be 6 doctoral psychology trainees.

**Objectives:** Objective 1: To provide didactic and interprofessional instruction to 6 CP, 8 FM, 8 DNP, 8 PharmD, 2 MSW & 2 MHC students in integrated, trauma-informed interdisciplinary team-based care in the delivery of behavioral health and OUD/SUD prevention and treatment services. Objective 2: To provide didactic instruction and supervision to 6 CP and 2 MHC trainees in culturally and linguistically competent service delivery of behavioral health and OUD/SUD treatment, including bilingual supervision for 2 CP and 2 MHC bilingual trainees per year. Objective 3: To enhance 6 CP, 6 DNP and 2 MSW trainees' competencies in providing integrated, trauma-informed behavioral health and OUD/SUD services in integrated, interdisciplinary settings in high need clinics staffed by CP, MSW, NP, FM, PharmD and Psychiatry professionals. Objective 4: To provide training in tele-behavioral health services to 6 CP trainees. Objective 5: To provide faculty development to university faculty and site supervisors overseeing behavioral health services (8 CP, 4 MSW, 6 DNP 3 FM & 1 PharmD) to enhance their expertise in training others in OUD/SUD services.

**Project Activities:** Interdisciplinary OUD/SUD training occurs within six components. A.) CP, MSW, DNP, PharmD, and FM trainees engage in a 24-hour "Interprofessional Immersion" experience, which allows them to utilize a trauma-informed, team-based approach to provide OUD/SUD services to simulated patients commonly seen in primary care settings. This immersion is co-taught/facilitated by CP, MSW, DNP, PharmD and FM faculty. B.) MSW, MHC and CP trainees, take a course, "Primary Care Psychology," which teaches the biopsychosocial model of health and utilizing a holistic review strategy in the provision of behavior health and OUD prevention and treatment and tele-behavioral health services in primary care settings. C.) As part "Behavioral Health Practicum", CP trainees will provide trauma-informed, culturally-competent OUD/SUD & behavioral health services collaborating with MSW & DNP students, FM and PharmD residents & supervising faculty, as well as Psychiatry professionals at a FM residency clinic, a FQHC, a psychiatric hospital, and a community clinic serving the judicial system. D.) CP trainees will continue to provide services at those same sites in the following Summer or Fall Semesters as part of "Field Experience in Integrated Behavioral Healthcare". E.) MSW, DNP, MHC and CP trainees can elect to take a Mindfulness class in order to enhance their understanding of how mindfulness can be used to prevent and treat OUD/SUDs. F.) Bilingual CP & MHC trainees who are providing OUD/SUD services in Spanish, receive bilingual supervision. All trainees provide services in Dona Ana or Luna counties, which are mental health HPSAs. Faculty development in OUD trainings will occur annually, will be trauma-informed and emphasize culturally competent care, and will include local on-site trainings, webinars and national/regional conferences.

**Eligibility of Funding Preference:** High Rate of Program Completers in MUCs.