

PCPP/CATI PROJECT ABSTRACT

Project Title: Primary Care Psychology Program's Collaborative Addictions Training Initiative

Discipline: Clinical Psychology, Professional Track

Overview: The Primary Care Psychology Program (PCPP) Collaborative Addictions Training Initiative (CATI) through the Ponce Research Institute (PRI) is requesting funding to expand training in integrated behavioral health and SUD/OD treatment for clinical psychology interns. CATI will leverage PCPP's experience in training clinical psychology doctoral students in integrated behavioral health in Puerto Rico and its partnerships with four Federally Qualified Health Centers (FQHC) to provide experiential sites for interns, didactic trainings, clinical supervisor training, and to increase the number of professionals that provide integrated care for substance disorders in Puerto Rico.

Goals and Objectives: CATI's activities focus on five goals: (1) Contribute to the expansion of a diverse workforce for the provision of behavioral health care services in primary care settings with emphasis on SUD and OUD treatment in high need and high demand areas, (2) Implement an intensive didactic training to help interns manage clinical and administrative challenges for SUD and OUD integration into primary care, (3) Develop and enhance intern's competencies to practice in primary care settings through experiential practice in the proper integrated behavioral health treatment of SUD and OUD, (4) Implement an interdisciplinary approach to training, consultation, and technical assistance to enhance supervisor and clinical faculty development at training sites, and; (5) Collaborate with the PRI telehealth platform to provide training, supervision, and telehealth consultation to high need, high demand remote areas with gaps in access to integrated behavioral health treatment of SUD and OUD. The outcomes proposed include: 1) Recruitment of eight clinical psychology interns per cycle, 2) Place at least 50% of interns in jobs and/or post-doctoral training in healthcare settings in high need, high demand areas, 3) Interns' 5% improvement in knowledge of SUD/OD treatments, Integrated Behavioral Health, leadership, and basic aspects of public health, 4) Interns' 10% improvement in the application of SUD/OD treatments and Integrated Behavioral Health, 5) Multidisciplinary interactions of case discussions of at least 40% of the cases seen and 12 inter-professional activities, 6) Interns will lead at least one activity that showcases leadership skills, 7) Supervisors and clinical faculty participation in at least one training and one technical assistance for the integration of behavioral health and primary care for SUD/OD, 8) Supervisors and clinical faculty participation in at least one tele-behavioral health training activity, and; 8) At least two tele-behavioral health activities per interns per cycle.

Implementation: CATI will use a combination of didactic and experiential training to prepare practicum students to work in multidisciplinary settings serving people from disadvantaged backgrounds with special emphasis on the prevention, early intervention, and treatment of SUD/OD. The didactic portion of the program will draw from the experiences of PCPP and the CATI team. For the experiential portion of the training, students will be placed in FQHC's that provide team-based treatment for SUD/OD. Telehealth training will be incorporated into interns' activities and to provide tele-supervision and training to interns and clinical faculty. Networking activities will enhance interns' ability to identify post-doctoral training and jobs in integrated behavioral health for SUD/OD in high need, high demand areas.

Eligibility for funding priority: Eleven years of experience in the implementation and training of integrated behavioral health provides a solid base for the training formats proposed. At present, PCPP has trained 27 clinical psychology interns in the area of integrated behavioral health. Attachment 8 includes evidence that the PCPP has trained psychology interns in integrated care settings.